







NATURE



HOME

IS OUR

WINTER

to the

BRACE
SW, T-3

first

VE

is
the

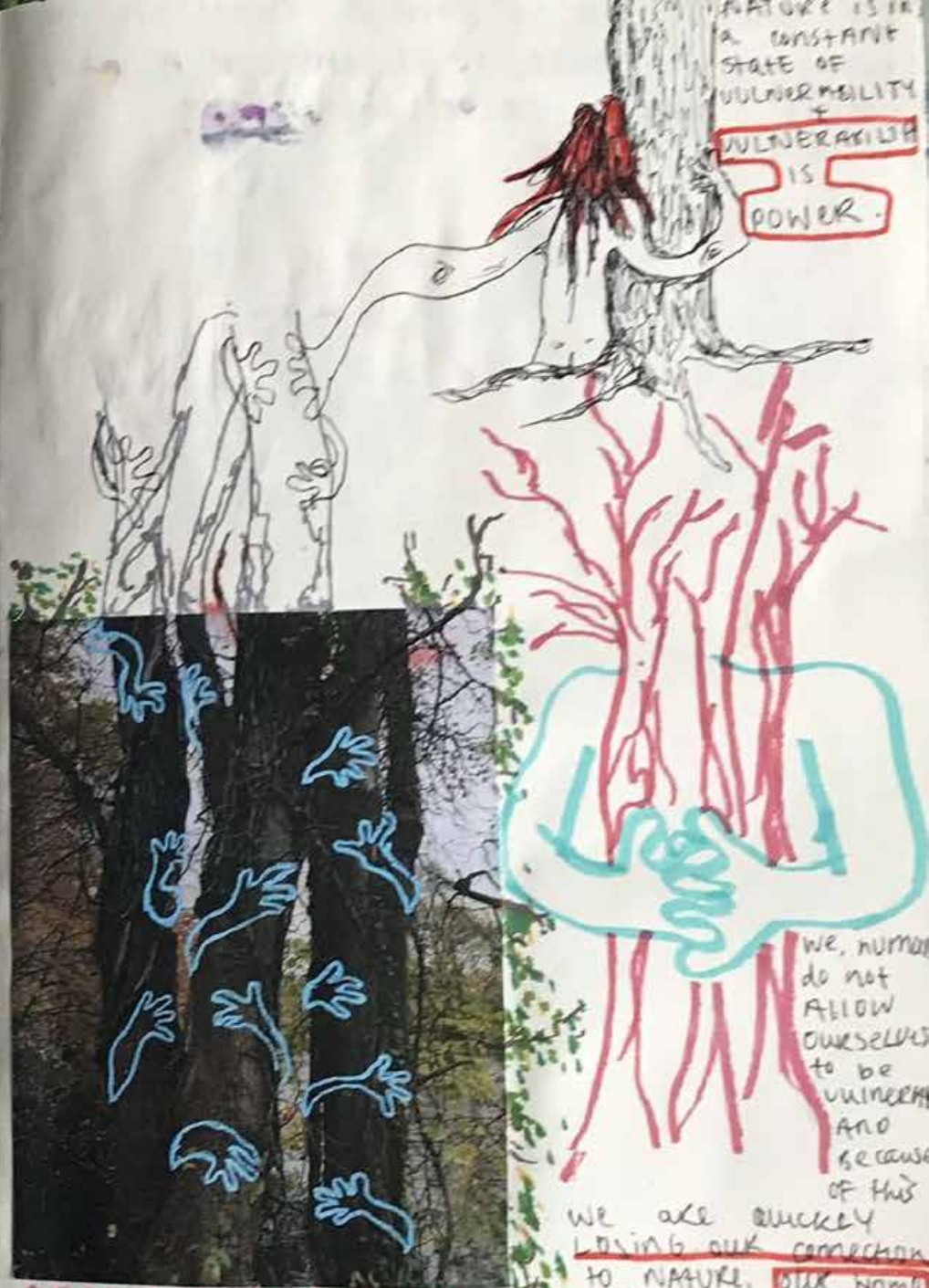
of
the

you think you
should be the whole heart

order to be
the whole heart



NATURE IS IN
A CONSTANT
STATE OF
VULNERABILITY
+
VULNERABILITY
IS
POWER.



WE, HUMANS
DO NOT
ALLOW
OURSELVES
TO BE
VULNERABLE
AND
BECAUSE
OF THIS
WE ARE QUICKLY
LOSING OUR CONNECTION
TO NATURE, OUR HOME

"DAMNED TREE HUGGERS"

VULNERABILITY

IN ORDER FOR CONNECTION TO HAPPEN WE HAVE TO ALLOW OURSELVES TO BE SEEN

AM I WORTHY OF CONNECTION?

WITH OTHERS

START FULLY

WE PER

LOVE YOU

ALL VULNERABILITY

WE PRETEND

JUST

WHY

CONNECTION

IS

REAR

HO

W

FE

OF

NO

W

STOR

SCREAMING

AND

S

LISTEN

WHAT

TECH

COULD

TELL

STORY

WHO YOU ARE

YOU WITH YOUR

SHOULD BE IN WHOLE HEART

ORDER TO BE

WHO YOU ARE

APOLLO

APPRECIATE

LET GO

YOU TH

SHOULD BE

BRENÉ BROWN



Q13 A Q13 P1
P22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100

DO YOU HAVE A CONNECTION TO NATURE?

HOW STRONG WOULD YOU SAY YOUR CONNECTION W/ NATURE IS?

WHEN WAS THE LAST TIME YOU WERE OUTSIDE FOR LEISURE/A WALK?

DID YOU SPEND MUCH TIME ON YOUR PHONE?

DO YOU FEEL THAT ^{MORE} SPENDING TIME IN NATURE HAS POSITIVE IMPACTS ON YOUR MENTAL HEALTH?

DO YOU FEEL THAT BEING IN NATURE MAKES YOU FEEL MORE SPIRITUAL?





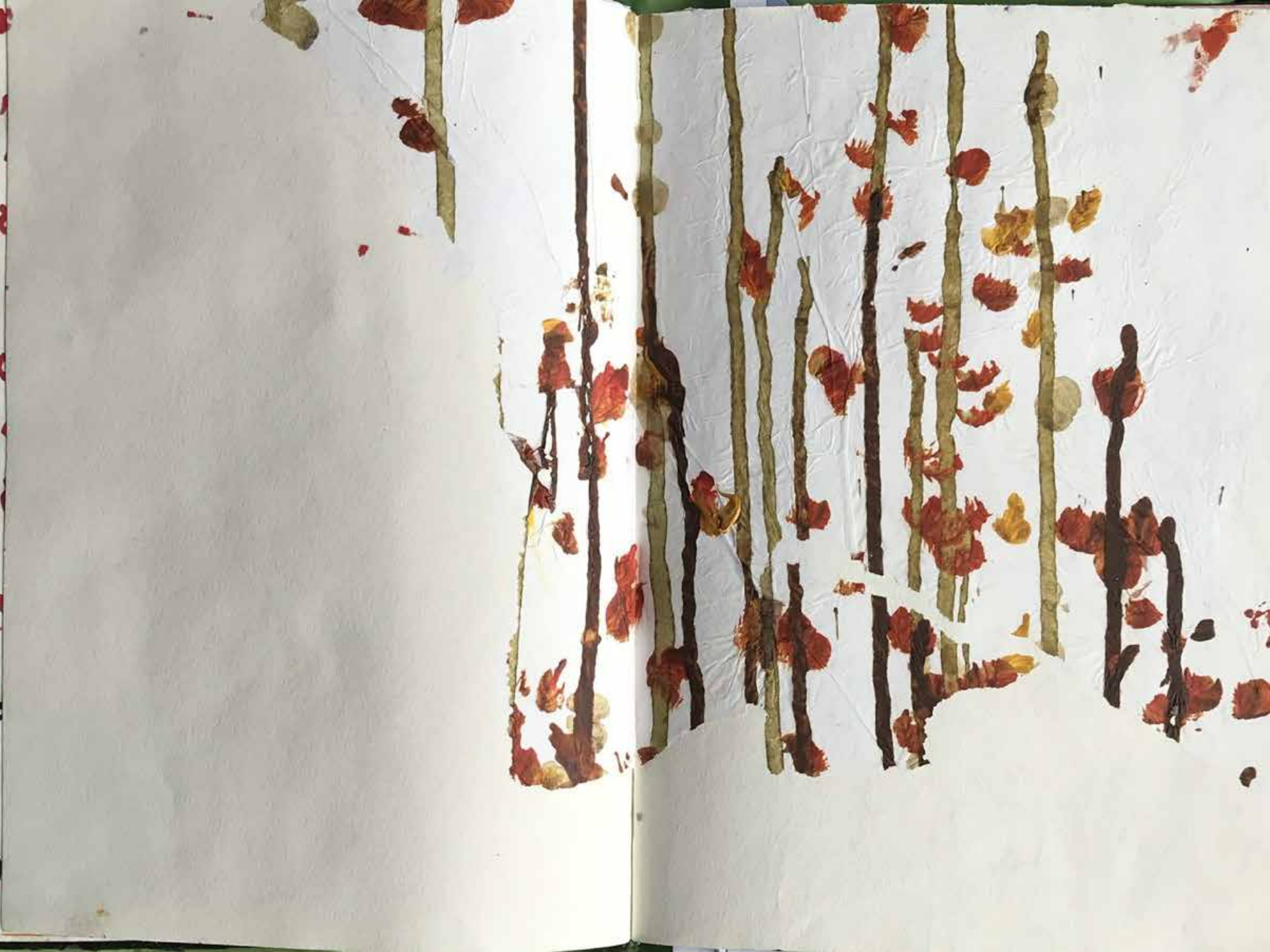




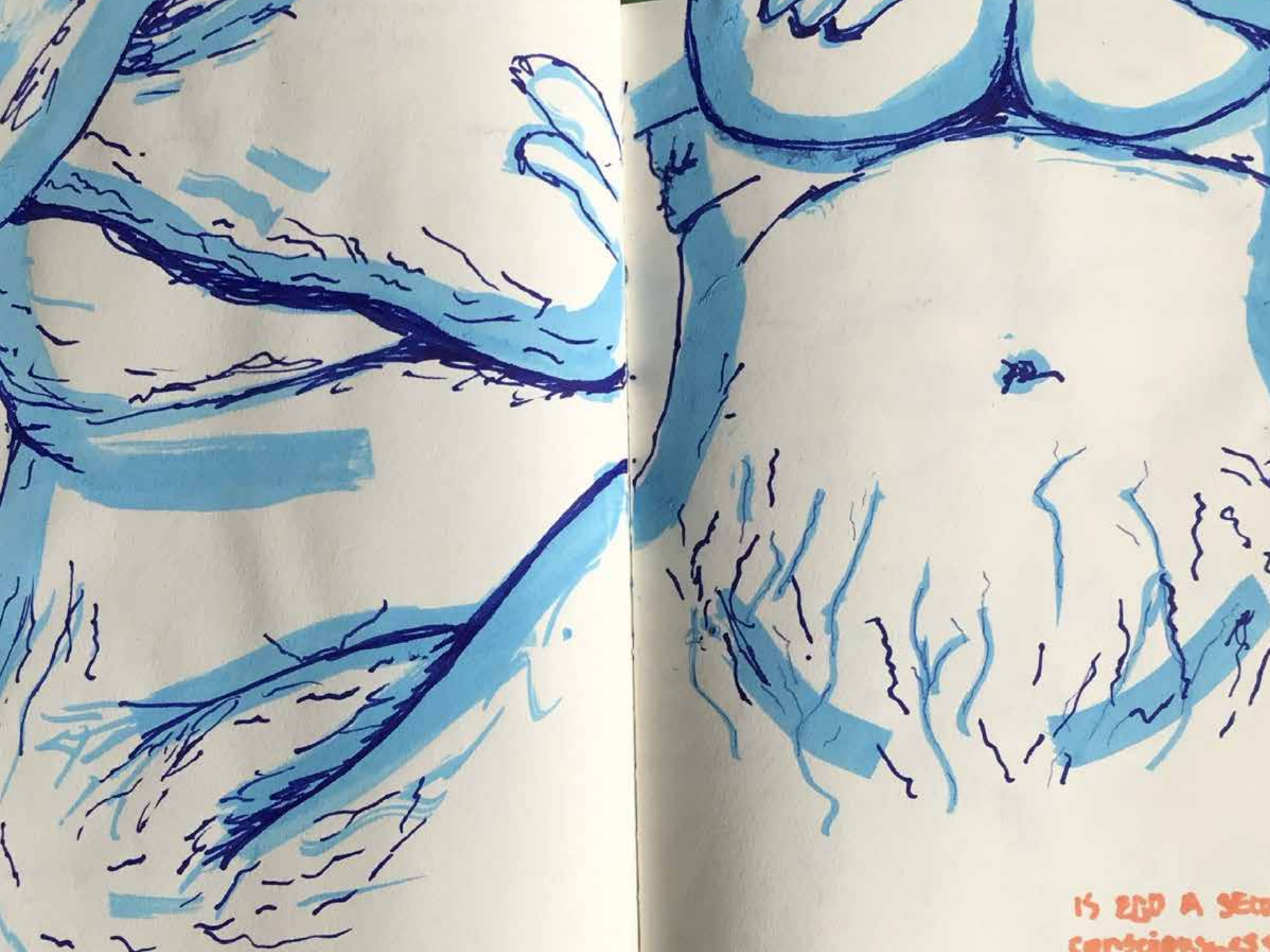


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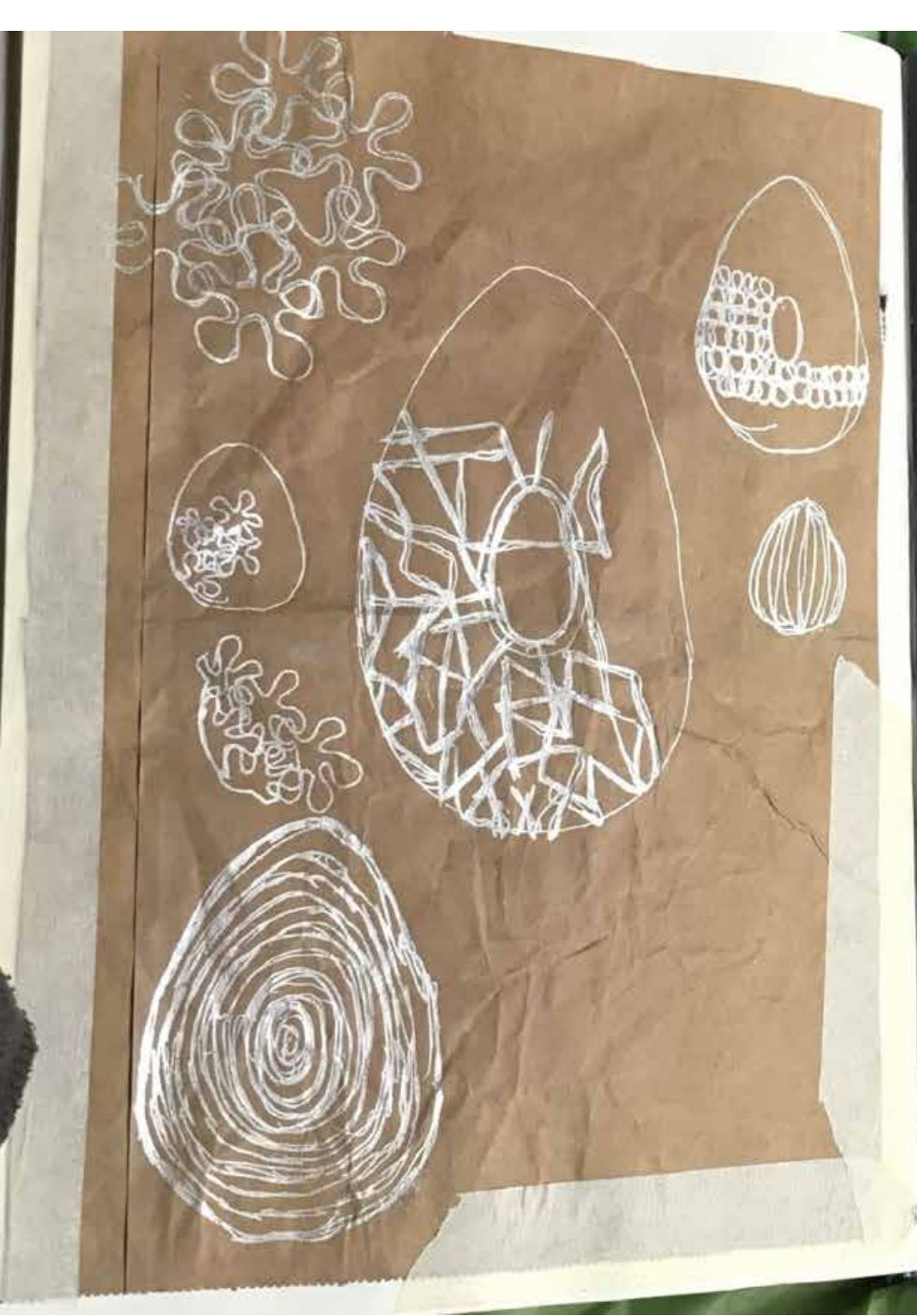


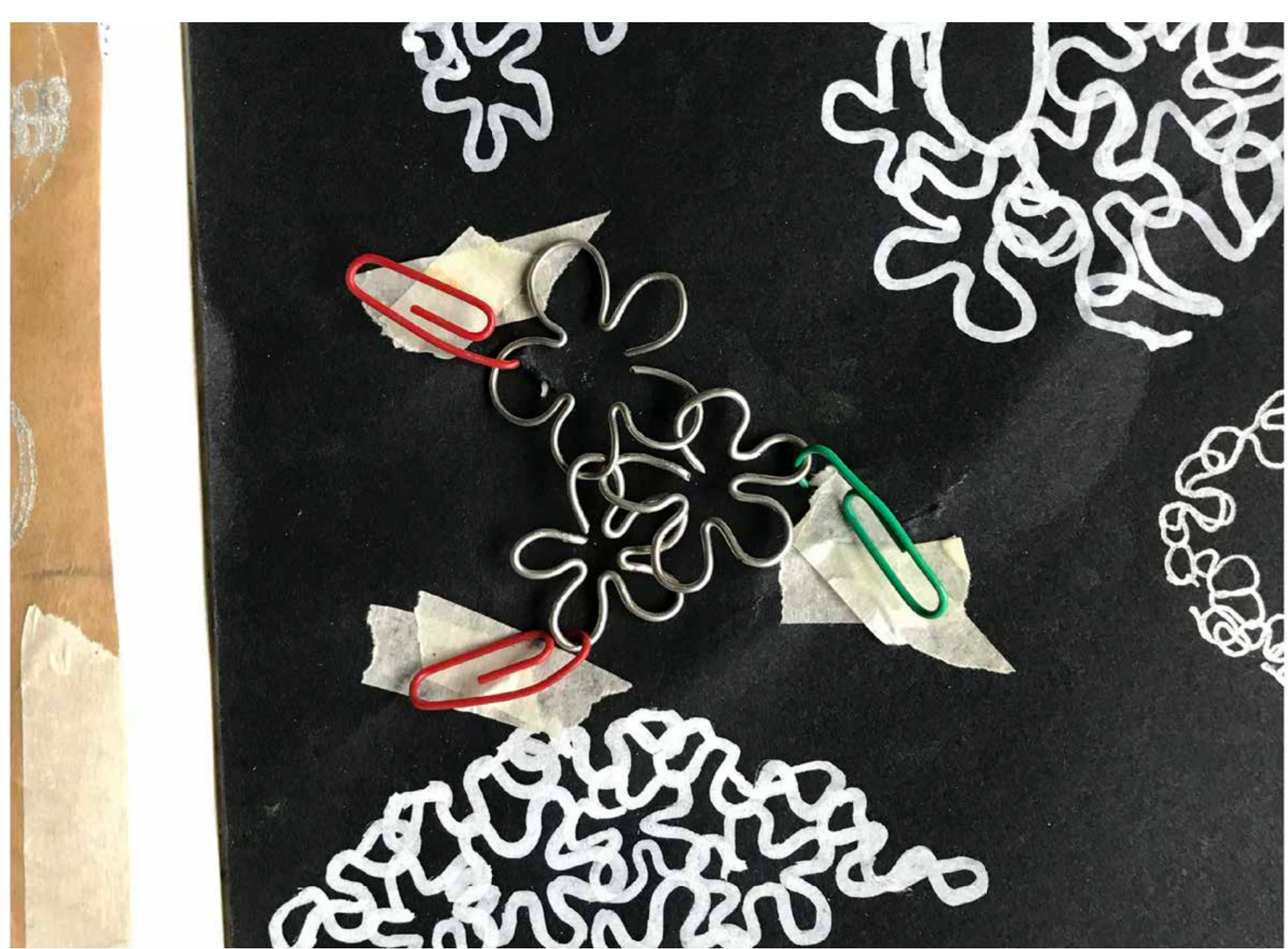




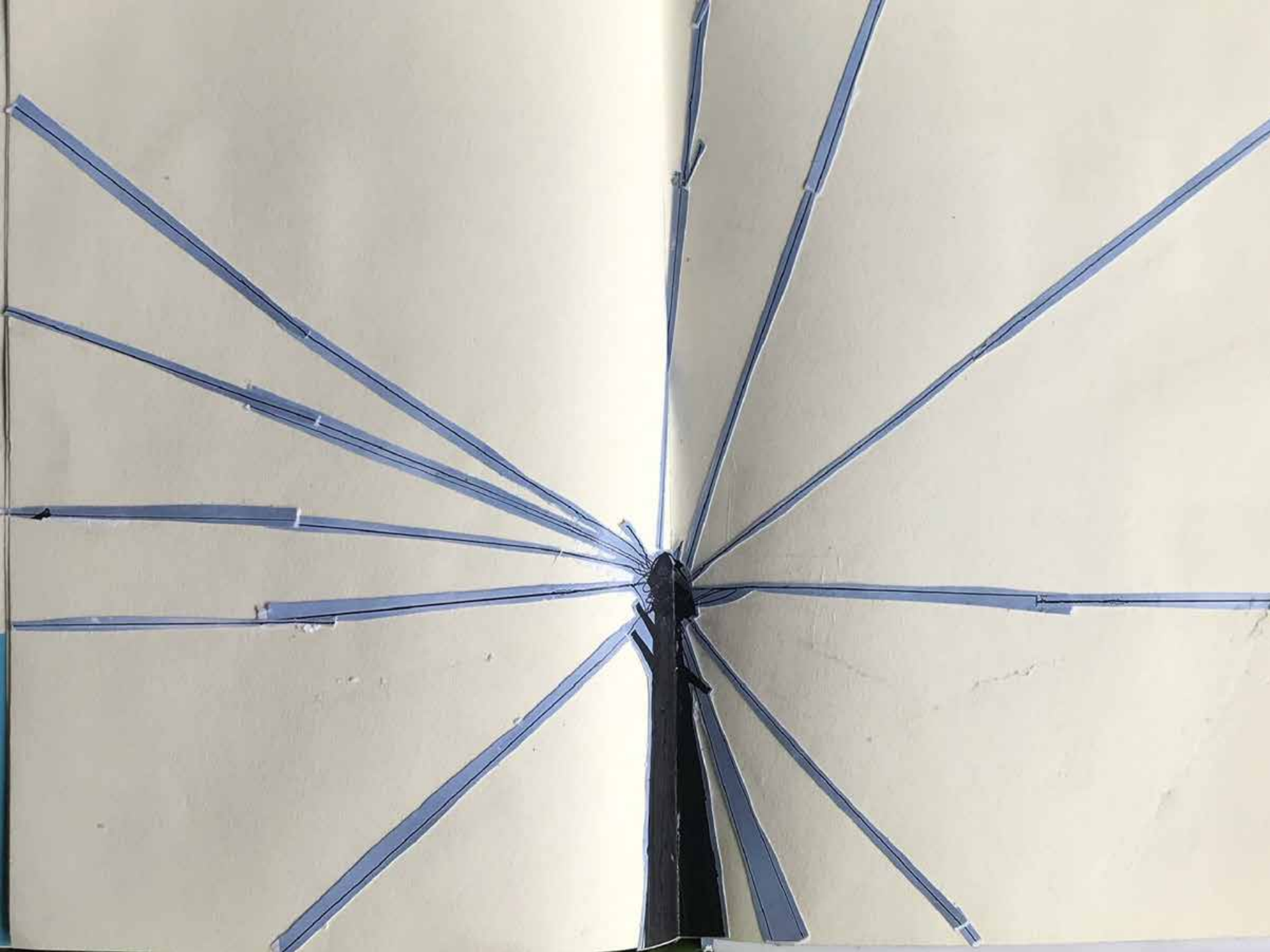
IS END A SET
CONSIDERATION



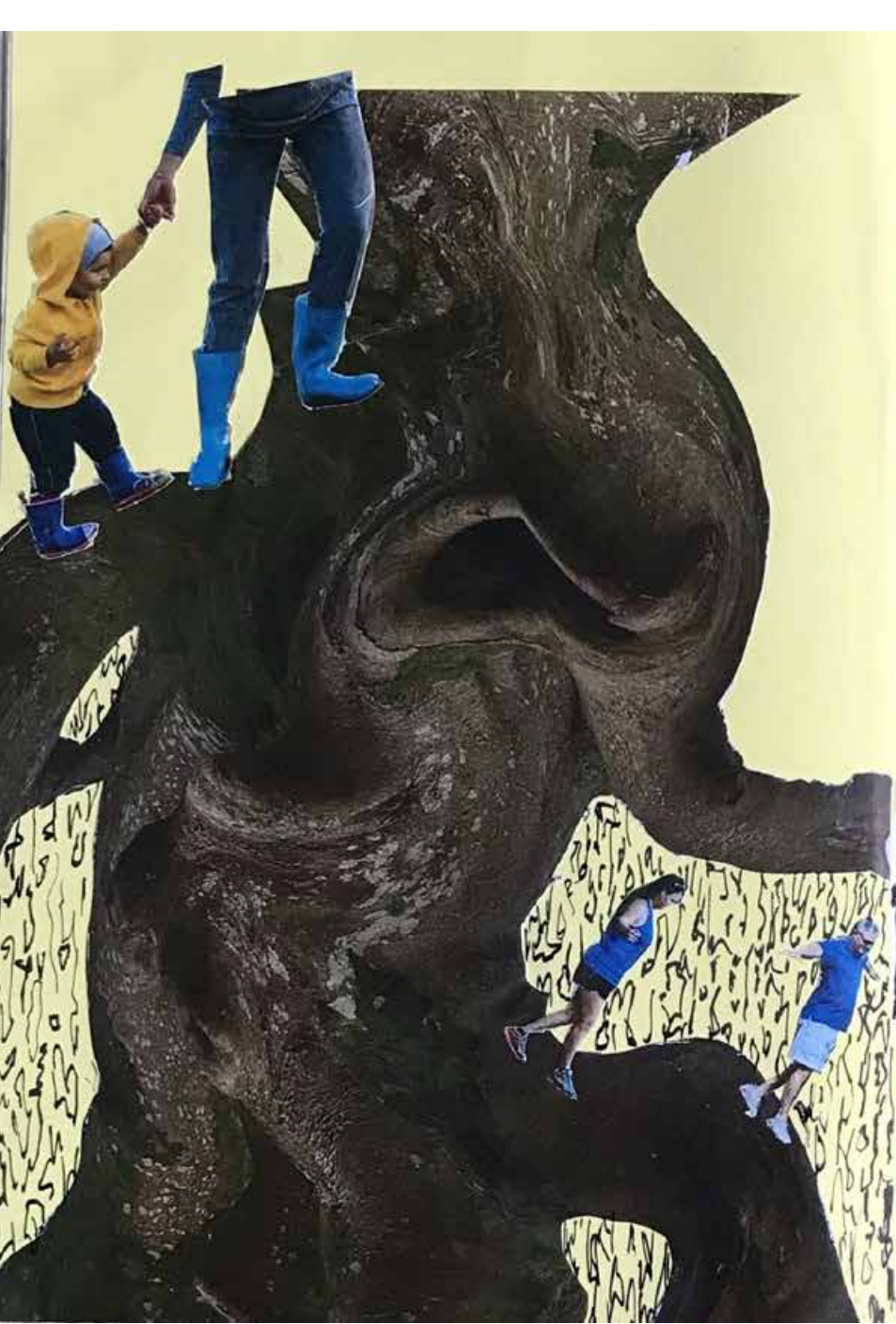




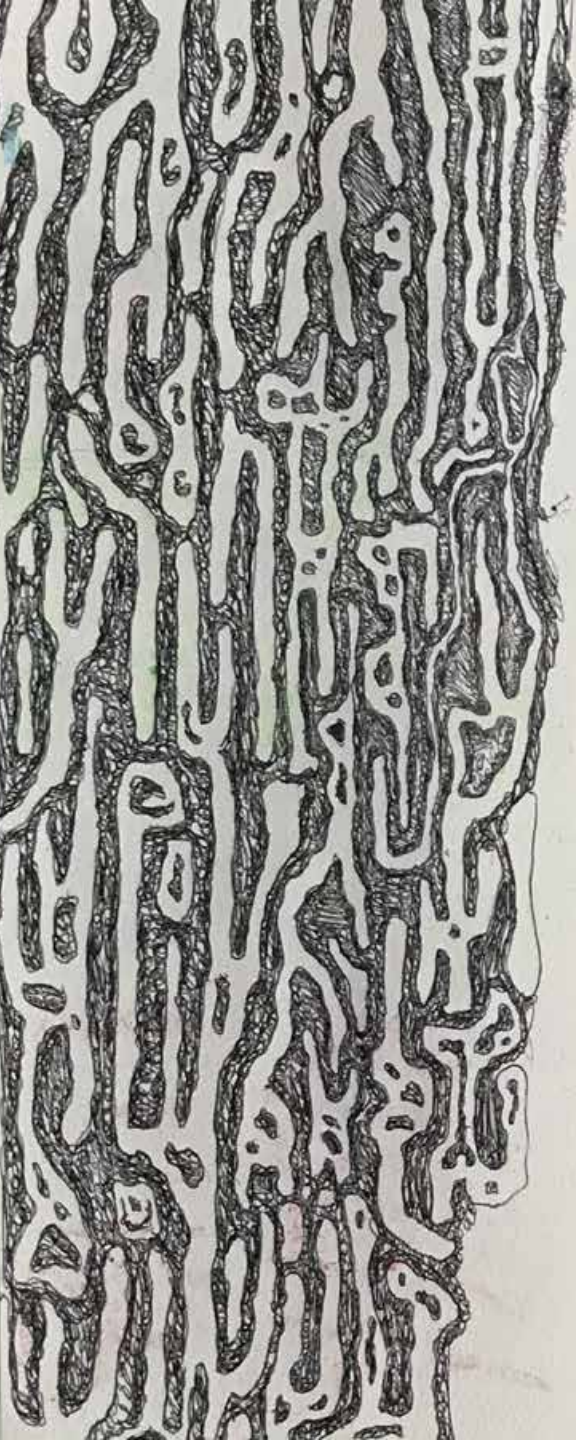


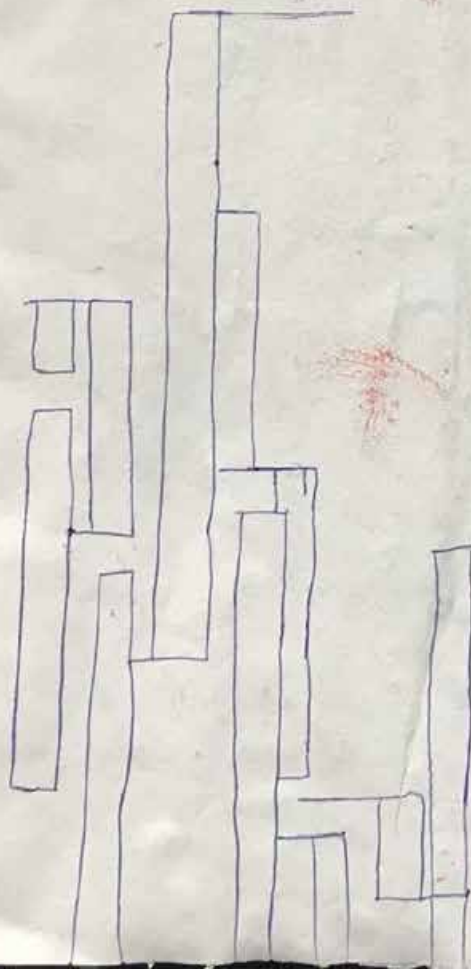


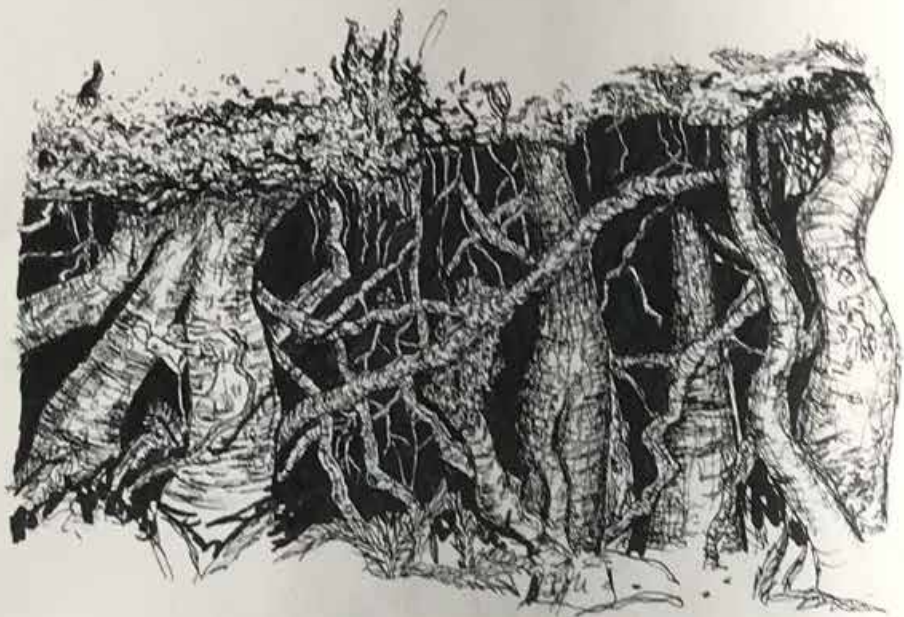


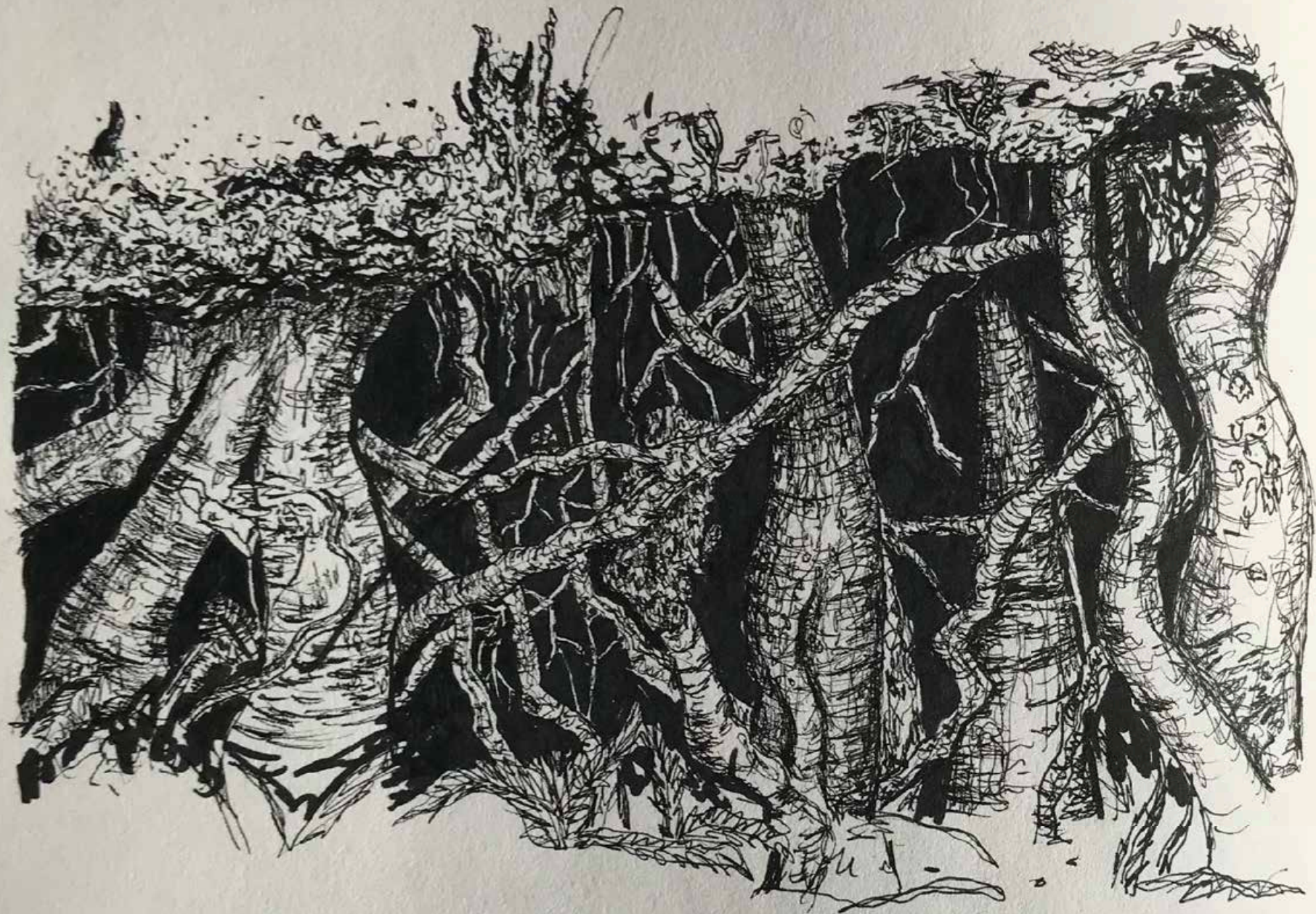


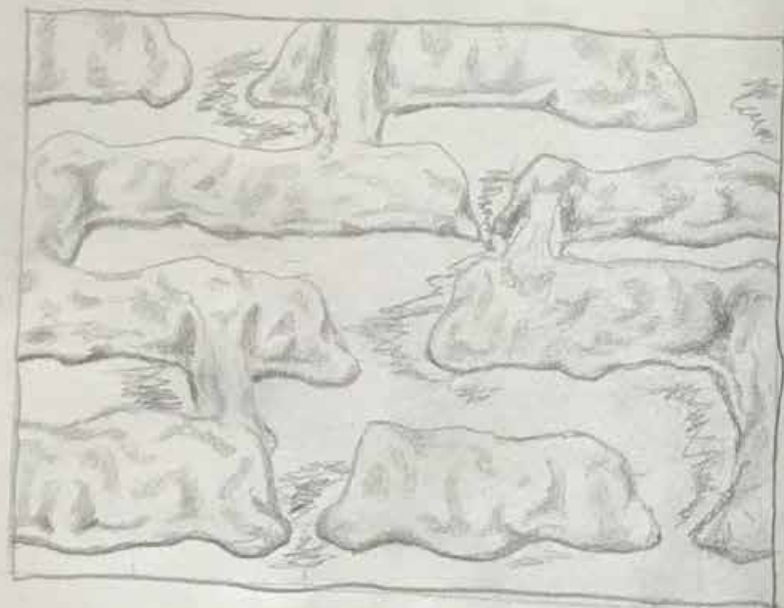








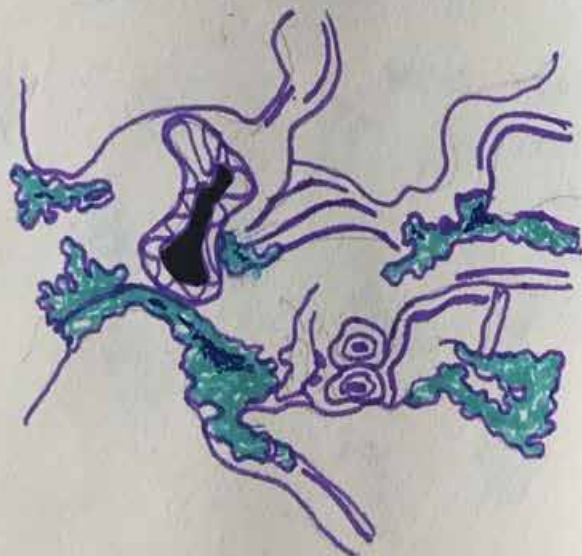
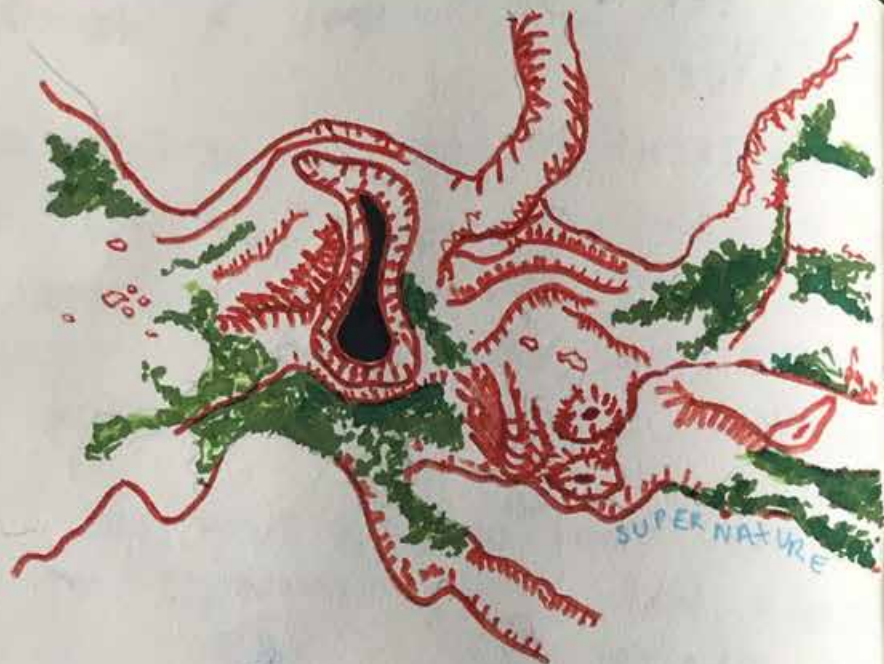






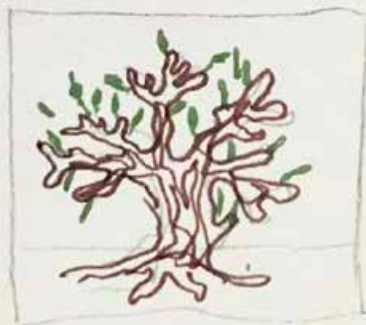
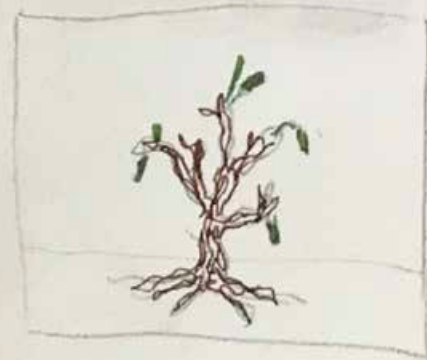
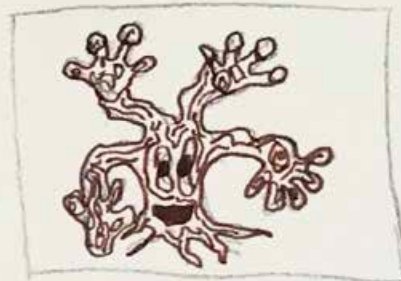
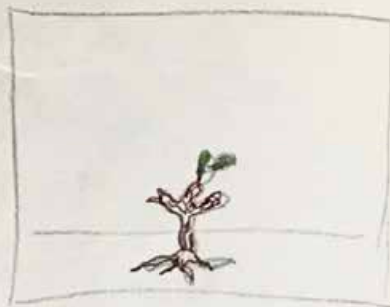
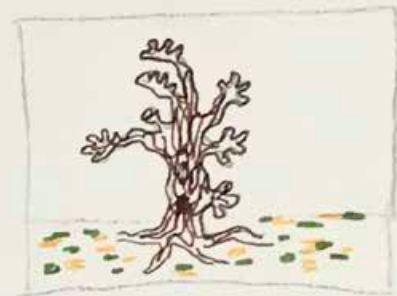
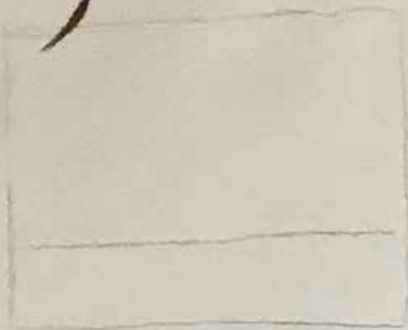


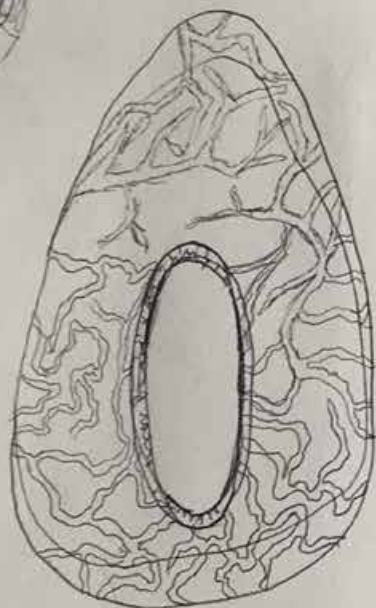




U A FREAK
OF NATURE
OR NURTURE?

7



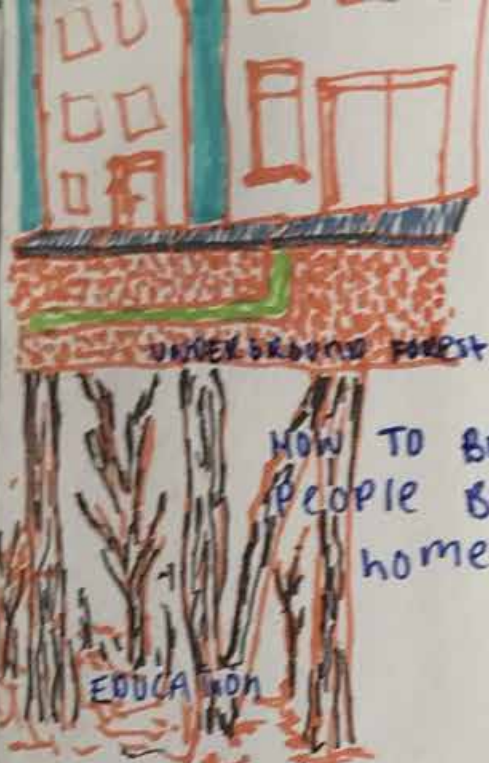


I was A KID, I used to think
that you HAD TO GO UP TO TREES
once A month to breathe with
them



"shirrin
Yoku





UNDERGROUND FOREST

HOW TO BRING
PEOPLE BACK
home?

EDUCATION

BE in
nature

SHOW THEM HOW
MUCH it HAS to
OFFER.



stick
ball



MOSS
BALL



dirt
BALL

Get out +
GO to nature

BE IN nature

connect with the natural world
THROUGH ALL OF THE SENSES

SHARE IT with other people

MOSS man

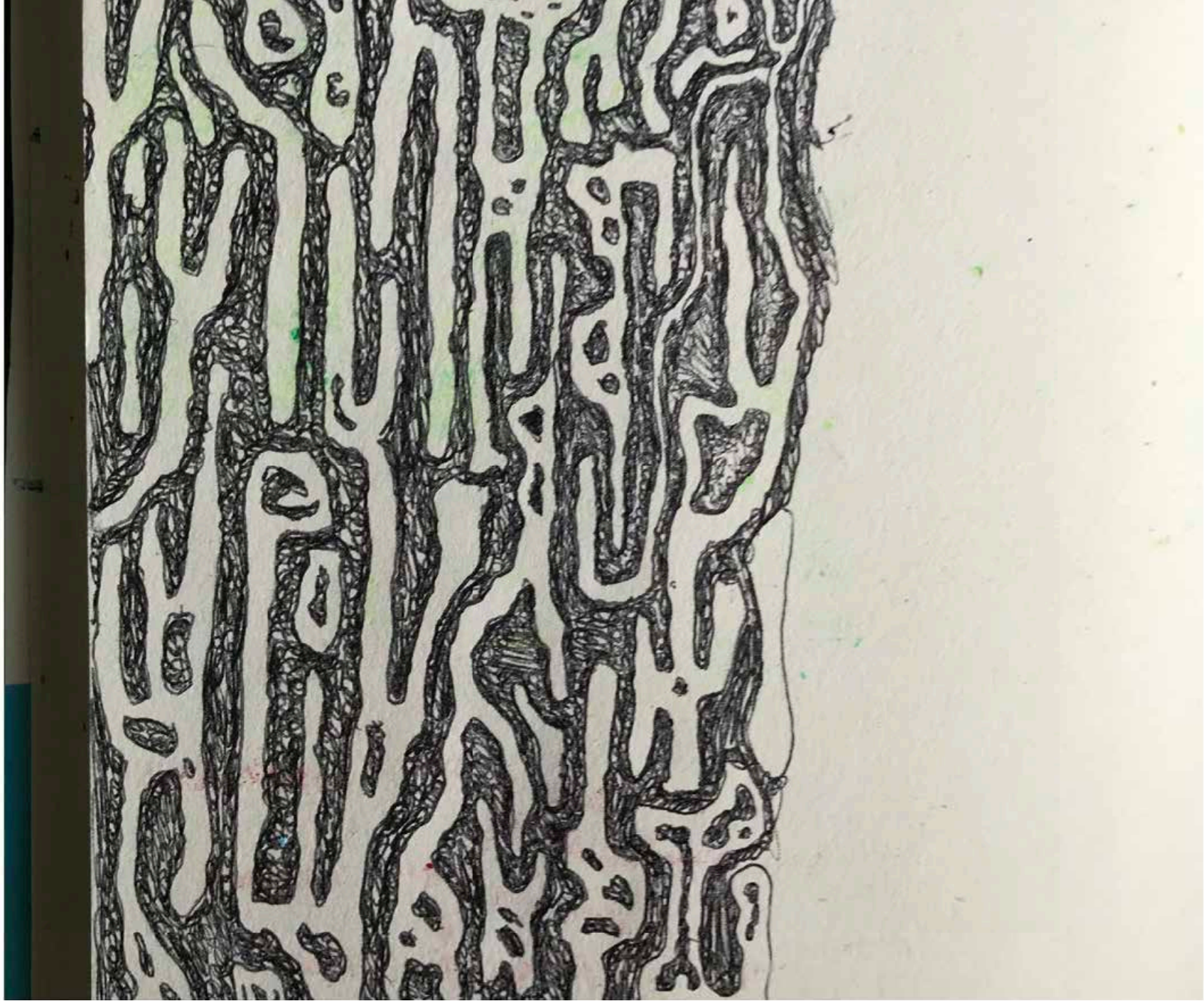


bringing
forcing
being



FORCED
into
NATURE

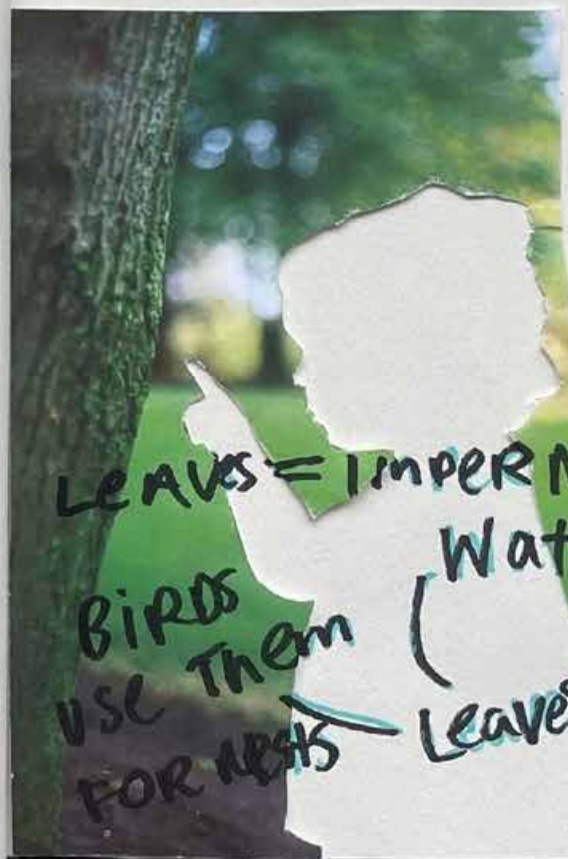








USE WHAT'S
ALREADY THERE.



LEAVES = IMPERMEABLE TO
WATER
BIRDS
USE THEM FOR NESTS
Leaves protect
TREES



